

JOY AWAITS



BECKET DAY CAMP SUMMER GUIDE 2023



WELCOME

TO BECKET DAY CAMP

As a part of the Becket-Chimney Corners YMCA, Becket Day Camp's mission is "Helping youth discover their potential through life-changing experiences and relationships."

We are committed to providing a safe and inclusive environment where campers, participants, families and staff can discover and be their authentic selves. Through leadership, strategic planning, recruitment, training and program development, we strive to be inclusive in our practices and to promote equity and opportunity for all individuals. We respect, affirm and protect the dignity and worth of every member of our community.

FIND US



CONTACT

Registration & Payments

cporter@bccymca.org
413.623.8991 ext. 116

Day Camp Questions

hduval@bccymca.org
413.623.8991 ext. 165

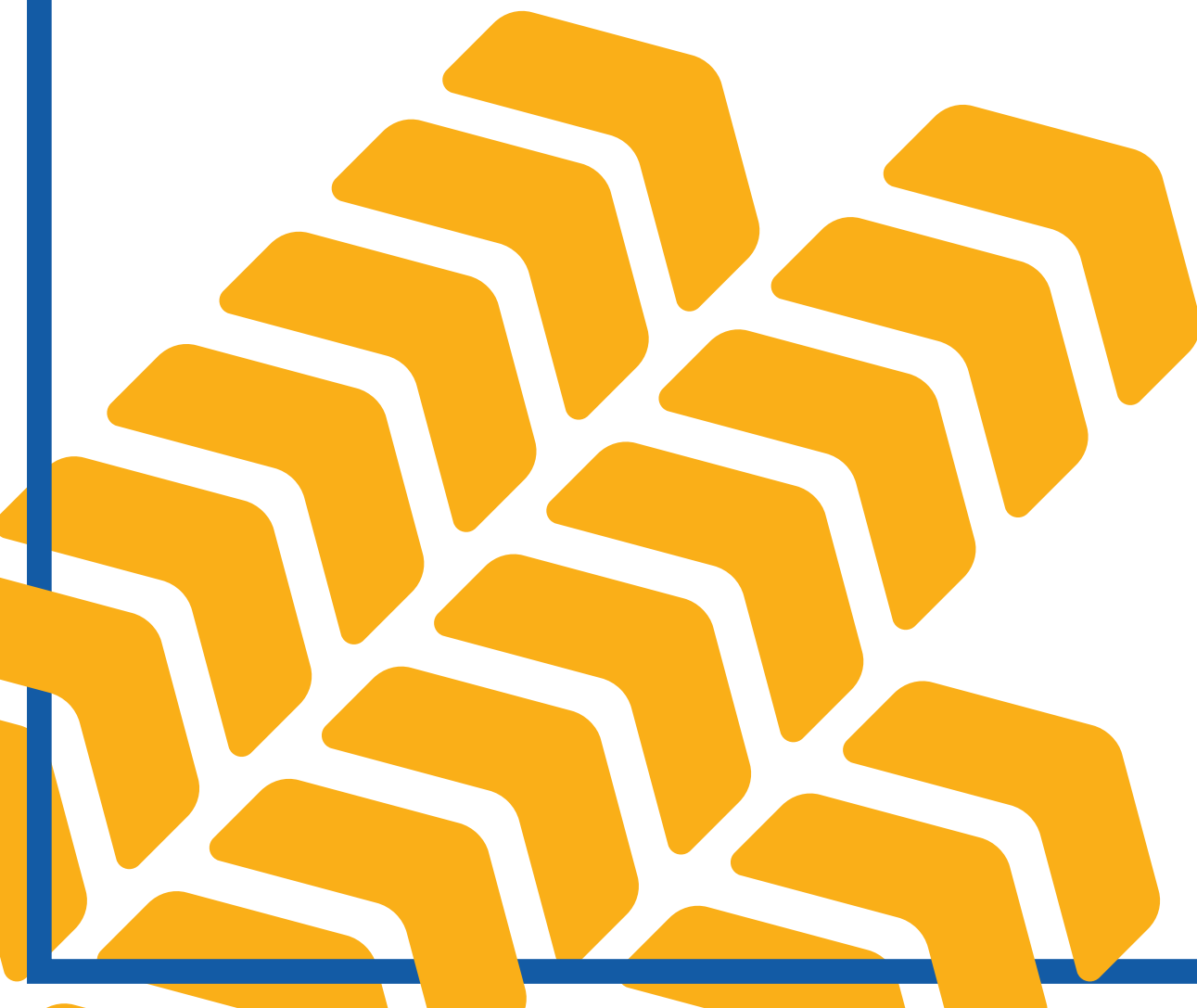
Summer Office Number

413.623.8991 ext. 110



TABLE OF CONTENTS

PICK-UP & DROP-OFF.....	1
BUS INFORMATION.....	2
DAILY SCHEDULE & PACKING LIST.....	3
POLICIES.....	4-7
HEALTH & SAFETY.....	8-14



PICK-UP & DROP-OFF

DROPPING OFF

Each morning, campers are dropped off between 8:30-9:00 AM at the designated check-in station located in the turnaround circle. Extended hours are provided to those who select the Before/After Care option during registration. Before care is from 8:00 to 8:30 AM.

Please look for signs at camp indicating where you should pull in.

A counselor will greet you and your child, open the car door and help your child exit the car.

If you need to speak with the camp director or other staff member during drop off, please park and come in. The car line needs to keep moving and parking in the line leads to congestion.

If you know that you will be arriving after drop off has ended, please notify the day camp office in advance if it is possible by calling 413.623.8991 ext. 110 or emailing us at: daycampoffice@bccymca.org

PICKING UP

Afternoon pick-up is from 4:00-4:30 PM. After Care is provided to those who select the Before/After Care option during registration. After Care is from 4:30-5:30 PM.

Please have your photo identification ready at check-out.

Only individuals on a camper's Authorized Pickup List with a valid, government-issued photo ID are permitted to check out a child.

If you need to have someone pick up your child who is not listed as approved for pickup, please make sure to let the camp director know in writing (email or handwritten note).

All children must be buckled up before leaving camp. Counselors are not permitted to secure a child into a car seat or buckle their seat belt.

If you are picking up early, please send a note in the morning or call the camp office ahead of time to ensure our counselors can have your camper(s) ready when you arrive. Please park in a parking space so as to not stop traffic in the pick-up lane.

If campers are not picked up by their scheduled departure time (4:30 pm or 5:30 pm), staff will contact parents or guardians via all phone numbers provided. If staff are unable to reach parents or guardians, they will contact alternate and emergency contacts in order to find an approved adult to pick up the camper.

BUSING INFORMATION

BUS PICK-UP AND DROP-OFF SERVICES

Bus services are included in the cost of camp.

Camp staff will travel with the campers during bus pick-up and drop-off and will require a signature from an approved adult in order to release a child. **Please have your photo identification ready at bus drop-off location.**

Any camper not met by an approved adult will be transported back to Becket Day Camp and will need to be collected by a parent or guardian.

If staff are unable to reach parents or guardians, they will contact alternate and emergency contacts in order to find an authorized adult to pick up the child.

Staff will enforce all safety rules while aboard the bus.

Please stay with your child until you have signed them in with camp staff and your child has boarded the bus or van. Help your child to be aware of other vehicles in

the parking lot and use caution moving between vehicles.

If the bus is more than 20 minutes late, staff will contact parents/guardians using the numbers listed in their camper account.

Bus Route #1

Craneville Elementary, Dalton
Depart: 7:55 am
Return: 4:40 pm

Allendale Elementary, Pittsfield
Depart: 8:08 am
Return: 4:53 pm

Williams Elementary, Pittsfield
Depart: 8:20 am
Return: 5:05 pm

Bus Route #2

Morris Elementary School, Lenox
Depart: 8:10 am
Return: 4:45 pm

Lee High School, Lee
Depart: 8:20 am
Return: 4:58 pm



DAILY SCHEDULE

8:30-9:00	Drop Off
9:15	Morning Assembly
10:00	Activity 1
11:00	Free Choice
12:00	Lunch
1:00	Activity 2
2:00	Activity 3
3:15	Snack
3:45	Afternoon Assembly
4:00-4:30	Pickup/Load Bus

Before Care - 8:00-8:30
After Care - 4:30-5:30
*Included in the cost of camp, must sign up during registration

PACKING LIST

DEFINITELY BRING

- Non-perishable lunch
- Two snacks
- Refillable water bottle
- Backpack
- Swimsuit
- Towel
- Plastic bag for wet swimsuit
- Extra change of clothes
- Sunscreen
- Bug spray
- Close-toed shoes & socks*

* Close-toed shoes with socks are REQUIRED daily.

CONSIDER BRINGING

- Quiet activity (book, drawing pad, etc)
- Sunhat or ball cap
- Sandals (to wear during water activities only)
- Personal Flotation Device (lifejacket)*

* Life jackets are provided, but campers have the option to bring their own life jacket to camp.

DON'T BRING

- Phones or Electronics
- Weapons or Firearms
- Ammunition
- Illicit drugs or alcohol
- Toys
- Animals or Pets
- Marijuana or Tobacco
- Fireworks
- Sports Equipment
- Cash or Valuables
- Personal Vehicles

DAY CAMP POLICIES

MEALS

Parents/Guardians will be required to provide a packed lunch and two snacks each day. We do not provide refrigeration for packed lunches and snacks so please plan accordingly.

FEES, PAYMENTS AND REFUNDS

Fees must be paid in full two weeks prior to the start of every session. We may refuse to accept campers who still owe a balance for the current week. Please notify the registrar at cporter@bccymca.org if you have any concerns.

Payments should be made online through your UltraCamp account.

Deposits are non-refundable and non-transferable.

If a participant cancels prior to 30 days before the start of your camper's session, any tuition paid above the \$50 deposit will be refunded.

No tuition fees will be refunded or transferred if a camper cancels from the program within 30 days before the start of your camper's session. If there is space available in a future week at Day Camp in Summer 2023, credit may be considered less the deposit.

If your child is unable to attend due to illness or injury, we ask you to notify us as early as possible. In the case of illness or injury which occurs before the camper's session begins, all paid fees/tuition (except the \$50 deposit per session) may be refunded upon receipt of a written notice from the camper's physician. For refunds to be considered, the camp must be contacted prior to noon on the 1st day of the session, and a refund will not be issued if no notice is provided from a physician.

There is no pro-rating of fees for days missed during a session, or substituting days in another session for any reason. If the camper is a no-show (camp was not contacted prior to noon on the 1st day of the session), all fees are non-refundable.

DAY CAMP POLICIES

PERSONAL PROPERTY

The camps assume no responsibility for loss or damage by any cause to personal property of campers. Campers must be responsible for their belongings. Everything should be marked with the camper's full name. We strongly discourage money or valuable items being brought or sent to camp.

Campers are not allowed to drive vehicles to camp or leave cars parked on camp property. Travel in a non-passenger vehicle (eg. the back of a pick up truck) is prohibited.

BEHAVIOR MANAGEMENT

All camp staff members participate in a staff-training program in which they learn about camp life and caring for campers. During training, we teach positive discipline techniques that staff members use to guide and encourage children. Staff members use techniques based on the camper's level of development to create clear guidelines for behavior. Severe or cruel forms of punishment such as corporal, humiliation, shaming (including shaming or punishment for soiling, wetting or not using the toilet), or the withholding of food or any other basic necessity as a form of punishment are strictly prohibited.

At all times, staff members are guided by the principle that all children and adults deserve to be treated in a respectful and caring manner. Campers are expected to treat fellow campers and staff with respect and to abide by all camp rules as well. All camp rules are discussed the first day of camp and campers are given an opportunity to ask questions and to learn the consequences of not following rules. Individuals are accountable for their actions.

When behavior problems do arise, the camp staff may consult with parents/caregivers and together they will develop a plan for behavior management. In the event the camper's behavior does not improve after staff members have exhausted all reasonable avenues of intervention or when one camper's actions are detracting from the experience of others, the camper will be sent home.

DAY CAMP POLICIES

DISMISSAL FROM CAMP

There are some actions that require immediate dismissal from camp. Campers sent home for any reason will not be entitled to any refund of fees and parents will be responsible for all transportation.

Becket Day Camp staff are not equipped to deal with (nor is the staff trained to handle) campers with severe emotional and behavioral issues, chemical dependency, severe eating disorders, violent behavior or campers who routinely violate rules and policies. We can refer you to programs designed to accommodate these special needs. Campers who require a disproportionate amount of leaders' attention (or need consistent one-on-one support) which takes attention away from the other campers in their group or who purposefully and routinely harm or threaten to harm themselves or others may be asked to leave camp.

DAY CAMP POLICIES

CAMPER CODE OF CONDUCT

The staff of Becket Day Camp is dedicated to helping each camper develop to their full potential in spirit, mind and body. We believe that personal respect, honor and integrity are vital to the success of the camp community. For such ideals to thrive in our community it is essential that each member believe in and support the mission and principles upon which the system is based and that each accepts that one's own behavior must reflect these values. We encourage all campers and staff to value honesty, caring, integrity, fair play, service to others, and respect for all.

Please review the following code of conduct with your camper to ensure they understand what is expected of them while at camp. Each member of the camp community must strive to do all one can to create a respectful and safe environment for all. Campers are responsible for their behavior at camp and will be held accountable for the code of conduct.

Campers will:

- Speak and act in a respectful, responsible manner that considers the feelings of others. This includes avoiding the use of profanity, hate speech, or language that is hurtful, prejudiced or demeaning to others.
- Work out differences in a direct and positive manner. Campers should seek the guidance of staff when conflicts cannot be resolved in a positive and peaceful way.
- Dress appropriately for camp activities and with respect for all members of the community. Campers and staff may not wear clothing with inappropriate/offensive/racist/sexist language, symbols, or that advocates the use of drugs, tobacco and/or alcohol.
- Understand that some actions cannot be tolerated at camp and will result in immediate dismissal from camp. These actions include, but are not limited to, smoking or use of tobacco products, consumption or possession of alcohol, recreational drugs, illegal drugs, pornography / sexually explicit material or harmful actions toward others or self.
- Follow all safety rules and take responsibility for the safety of one's self and others.
- Respect the camp property. Campers and staff will ensure that the camp is clean and that all equipment is used properly and returned to the appropriate place. No graffiti / defacing of property.

HEALTH & SAFETY

CAMP HEALTH

Good health and safety are top priorities at camp. While the staff will make every reasonable effort to minimize exposure to the known risks associated with activities, all hazards cannot be foreseen. By participating in our programs, campers and their parents/guardians willingly and knowingly assume all risks/hazards associated with participation in a summer camp program. Campers and their parents/guardians should understand that occasional accidents do happen even after reasonable precautions have been taken. If a camper sustains a minor injury during the day, the parent or guardian will be notified at pickup unless it is an emergency. Parents/Guardians have the right to request copies or review background checks, discipline policies, and grievance procedures upon request.

Health Policy: If a camper goes home sick - or is sick when not at camp - then the camp requires the child to stay home from camp for at least 24 hours. This will reduce the chance of infection to other campers. Please do not send your child to camp if he/she is sick and/or has a fever. A camper will be sent home if they are too sick to stay at camp. Symptoms may include vomiting, having a fever over 100 degrees, diarrhea, or any other signs of serious illness. If a child becomes ill or is injured and needs to leave camp, the Camp Director will contact the parents or emergency contact to pick up the child. If a child sustains a minor injury during the day, the parent or guardian will be notified at pick-up unless it is an emergency that requires an ambulance.

- **Hand washing:** Before camp, talk to your camper about the importance of washing hands regularly and the risks of sharing personal items such as combs and especially water bottles. The camps will reinforce these practices while at camp but depend on the cooperation of the campers.
- **Drinking Water:** Explain to campers how important it is to drink plenty of water while at camp. The camp staff encourages campers to bring water to activities.
- **Sunscreen/Bug Repellent:** Our camp encourages campers to protect themselves from exposure to ultraviolet rays from the sun. Please review how to apply and encourage your camper to use sunscreen regularly. We also encourage a conversation about the proper use of bug repellent. It is important to have a conversation with your camper about self-checks for ticks. Please approve the use of sunscreen and bug repellent on your camper Permission Form.

HEALTH & SAFETY

MEDICATIONS

All medication, including non-prescription medication, must be in its original container and must be labeled with the child's name, correct dosage, and the name of the drug.

The Camp Nurse or designated staff member will administer the medication. If your child rides the bus, please send one container with enough medication for the entire week. This will help ensure that there is the correct dosage at camp each day. Please hand all labeled medication directly to Becket Day Camp staff member who is supervising the bus. Please do not leave medications with your child.

Inhalers and Epi-Pens will be checked-in with the Camp Nurse/Medical Staff and will remain with the camper or staff supervising the camper throughout the day.

SPECIAL MEDICAL NEEDS

While we can accommodate a wide range of special needs, we recommend speaking with our Registrar or Camp Director prior to enrollment if you have any concerns. We have a member of the BCCYMCA medical team who visits camp regularly, but the majority of our staff are only first aid and CPR trained. Campers need to be able to follow safety directions given by our staff. Our program may need to be modified for campers with mobility issues.

HEALTH & SAFETY

REQUIRED IMMUNIZATIONS

GRADES K-6

DTaP	5 doses; 4 doses are acceptable if the 4th dose is given on or after the 4th birthday. DT is only acceptable with a letter stating a medical contraindication to DTaP.
Polio	4 doses; 4th dose must be given on or after the 4th birthday and ≥ 6 months after the previous dose, or a 5th dose is required. 3 doses are acceptable if the 3rd dose is given on or after the 4th birthday and ≥ 6 months after the previous dose.
Hepatitis B	3 doses; laboratory evidence of immunity acceptable.
MMR	2 doses; first dose must be given on or after the 1st birthday and the 2nd dose must be given ≥ 28 days after dose 1; laboratory evidence of immunity acceptable.
Varicella	2 doses; first dose must be given on or after the 1st birthday and 2nd dose must be given ≥ 28 days after dose 1; a reliable history of chickenpox* or laboratory evidence of immunity acceptable.

HEALTH & SAFETY

RECOMMENDED VACCINES

The Massachusetts Department of Public Health requires that all campers be immunized against diphtheria, tetanus, pertussis (whooping cough), polio, measles, mumps, rubella (German measles), hepatitis B, and varicella (chickenpox, unless they have had the disease). These are all part of your camper's routine immunizations.

In addition, current recommendations include a booster dose of the varicella vaccine for all children over the age of 4-6 years. Immunization with both Tdap (tetanus and whooping cough) and meningococcal vaccine (often referred to as "the meningitis vaccine") is also recommended for all children over the age of 11 years. Hepatitis A and COVID-19 vaccine are also recommended for all children. Though none of these are requirements, we strongly recommend that you discuss these with your camper's pediatrician if they have not been given.

The Massachusetts Department of Public Health (MDPH) Immunization Program recommends the following vaccines in addition to the required list to better prevent an outbreak of vaccine preventable diseases at camp:

Exceptions

- **Religious Exceptions:** If a camper or staff member has religious objections to physical examinations or immunizations, the camper or staff member shall submit a written statement, signed by a parent or legal guardian of the camper, to the effect that the individual is in good health and stating the reason for such objections.
- **Immunization Contraindicated:** Any immunization specified in 105 CMR 430.152 shall not be required if the health history required by 105 CMR 430.151 includes a certification by a physician that they have examined the individual and that in the physician's opinion the physical condition of the individual is such that their health would be endangered by such immunization.
- For information regarding an exception to required immunizations, please contact our Director of Operations, Matt Scholl, mscholl@bccymca.org.

HEALTH & SAFETY

SAFETY AT CAMP

This Camp must comply with regulations of the Massachusetts Department of Public Health and licensed by the local board of Health. We are also accredited by the American Camp Association (ACA). Both ACA and the State of MA hold camps to a high standard of safety that support the camps in creating the safest environment for campers. You can help us by encouraging campers to take responsibility for their own safety by following camp rules and procedures.

All staff, volunteers and LITs are trained in child abuse prevention and response, clear discipline policies and anti-racism awareness to ensure that camp staff are well aware of best practices for the appropriate care of children. In addition, camp staff are trained to support children who wish to share concerns for their own safety or the safety of others.

Campers should be coached to seek help and support from camp staff for any situation where they feel unsafe or if they are aware of a situation where others are not being safe or not being treated appropriately. While the counselor is the most readily available person to speak with, campers should know that any staff member can help them and will know how to get them the support they need. Campers may also leave an anonymous note for the Camp Director or ask a staff member to share their concern on their behalf. All staff are aware of the support available and will bring matters to the attention of the appropriate staff.

Becket-Chimney Corners YMCA is required to report any allegation of abuse to the state authorities, including incidents that occur between campers or incidents that occurred outside of camp including incidents at school or home. We take every allegation of abuse seriously and will cooperate fully with the authorities and community members to ensure the safest possible environment for all.

If you or anyone you know has concerns about staff, volunteers, or other camper's behavior, please contact the Camp Director or CEO as soon as possible. If you feel uncomfortable speaking directly with staff, you may report concerns confidentially through the Camp Director, Human Resources Manager or CEO. The staff will maintain confidentiality and help you get the information to the right people.

HEALTH & SAFETY

BCCYMCA recognizes that relationships between campers and staff outside of camp may pre-date a relationship with BCCYMCA such as in the case of classmates, neighbors and family friends and in those cases, those relationships should continue as they did before camp. For relationships that are formed at camp, staff are trained to not make contact with an individual camper outside of the camp program. Families should be aware that staff should not have outside contact with youth they have met in our programs unless they adhere to appropriate outside contact guidelines:

- Staff may never initiate individual, private communication directly with a camper who they have met in their role as camp staff.
- Staff members should make sure that parents/guardians and camp are aware of any plans for contact with a group(s) of youth outside of camp and have given permission.
- Staff members may not work as babysitters or nannies for families whom they meet in the context of camp if their contact with the camper will be unsupervised.
- Staff members should seek guidance from camp if unsure if any contact or communication involving a camp youth is appropriate or permitted.
- Any private electronic communication between staff and youth, including the use of social networking websites like - Facebook, Instagram, Snapchat, instant messaging, texting, etc. - is prohibited, even off-season. All communication between staff and youth must be transparent. Please let your campers know about these policies to avoid hurt feelings when staff are unable to respond.
- Please let BCCYMCA know of any concerns regarding communication with camp staff or other participants.

Meningococcal Disease and Camp Attendees: Commonly Asked Questions

What is meningococcal disease?

Meningococcal disease is caused by infection with bacteria called *Neisseria meningitidis*. These bacteria can infect the tissue (the “meninges”) that surrounds the brain and spinal cord and cause meningitis, or they may infect the blood or other organs of the body. Symptoms of meningococcal disease may appear suddenly. Fever, severe and constant headache, stiff neck or neck pain, nausea and vomiting, and rash can all be signs of meningococcal disease. Changes in behavior such as confusion, sleepiness, and trouble waking up can also be important symptoms. In the US, about 350-550 people get meningococcal disease each year and 10-15% die despite receiving antibiotic treatment. Of those who survive, about 10-20% may lose limbs, become hard of hearing or deaf, have problems with their nervous system, including long term neurologic problems, or have seizures or strokes. Less common presentations include pneumonia and arthritis.

How is meningococcal disease spread?

These bacteria are passed from person-to-person through saliva (spit). You must be in close contact with an infected person’s saliva in order for the bacteria to spread. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils or sharing cigarettes with someone who is infected; or being within 3-6 feet of someone who is infected and is coughing and sneezing.

Who is most at risk for getting meningococcal disease?

People who travel to certain parts of the world where the disease is very common, microbiologists, people with HIV infection and those exposed to meningococcal disease during an outbreak are at risk for meningococcal disease. Children and adults with damaged or removed spleens or persistent complement component deficiency (an inherited immune disorder) are at risk. Adolescents, and people who live in certain settings such as college freshmen living in dormitories and military recruits are at greater risk of disease from some of the serotypes.

Are camp attendees at increased risk for meningococcal disease?

Children attending day or residential camps are **not** considered to be at an increased risk for meningococcal disease because of their participation.

Is there a vaccine against meningococcal disease?

Yes, there are 2 different meningococcal vaccines. Quadrivalent meningococcal conjugate vaccine (Menactra, Menveo and MenQuadfi) protects against 4 serotypes (A, C, W and Y) of meningococcal disease. Meningococcal serogroup B vaccine (Bexsero and Trumenba) protects against serogroup B meningococcal disease, for age 10 and older.

Should my child or adolescent receive meningococcal vaccine?

That depends. Meningococcal conjugate vaccine (MenACWY) is routinely recommended at age 11-12 years with a booster at age 16 and is required for school entry for grades 7 and 11. In addition, these vaccines may be recommended for additional children with certain high-risk health conditions, such as those described above.

Meningococcal serogroup B vaccine (Bexsero and Trumenba) is recommended for people with certain relatively rare high-risk health conditions (examples: persons with a damaged spleen or whose spleen has been removed, those with persistent complement component deficiency (an inherited disorder), and people who may have been exposed during an outbreak). Adolescents and young adults (16 through 23 years of age) who do not have high risk conditions may be vaccinated with a serogroup B meningococcal vaccine, preferably at 16 through 18 years of age, to provide short term protection for most strains of serogroup B meningococcal disease. Parents of adolescents and children who are at higher risk of infection, because of certain medical conditions or other circumstances, should discuss vaccination with their child’s healthcare provider.

How can I protect my child or adolescent from getting meningococcal disease?

The best protection against meningococcal disease and many other infectious diseases is thorough and frequent handwashing, respiratory hygiene, and cough etiquette. Individuals should:

1. wash their hands often, especially after using the toilet and before eating or preparing food (hands should be washed with soap and water or an alcohol-based hand gel or rub may be used if hands are not visibly dirty);
2. cover their nose and mouth with a tissue when coughing or sneezing and discard the tissue in a trash can; or if they don’t have a tissue, cough or sneeze into their upper sleeve.
3. not share food, drinks or eating utensils with other people, especially if they are ill.
4. contact their healthcare provider immediately if they have symptoms of meningococcal disease.

If your child is exposed to someone with meningococcal disease, antibiotics may be recommended to keep your child from getting sick.

You can obtain more information about meningococcal disease or vaccination from your healthcare provider, your local Board of Health (listed in the phone book under government), or the Massachusetts Department of Public Health Divisions of Epidemiology and Immunization at (617) 983-6800 or on the MDPH website at <https://www.mass.gov/info-details/school-immunizations>.

SEE YOU THIS SUMMER!

